# HOW do I get supports and services?

- Call your local DDA office or look in the telephone book under Washington State, Social and Health Services Department, Developmental Disabilities Administration.
- 2 Ask for an application for determination of eligibility. You must return the application and proceed with an eligibility determination to find out if you or your family member is eligible.
- 3 If you or your family member has an emergency that requires immediate attention, or you cannot come in for an interview, tell the worker when you call. DDA cannot provide paid services until you are determined eligible for DDA, but can assist with information and referral.
- 4 If you have a question about your baby's development, call the Family Health Hotline at 1-800-322-2588. Ask for your local family resources coordinator. You can also visit the Early Support for Infants and Toddlers website at:

www.del.wa.gov/development/esit

For more information, visit the DDA website at:

www.dshs.wa.gov/ddd



# WHERE is DDA located?



### **Region 1 North**

1 (800) 462-0624 TTY (509) 568-3038 1611 W. Indiana Ave. Spokane, WA 99205-4221 Phone (509) 329-2900

#### **Region 1 South**

1 (800) 822-7840 TTY (509) 454-4321 3700 Fruitvale Blvd. Suite 200 Yakima, WA 98909-2500 Phone (509) 225-4620

# **Region 2 North** 1 (800) 788-2053

TTY (360) 714-5002 840 N. Broadway Bldg. A., Suite 100 Everett, WA 98201-1288 Phone (425) 339-4833

### **Region 2 South**

1 (800) 314-3296 TTY (206) 720-3325 1700 E. Cherry St. # 200 Seattle, WA 98122 Phone (206) 568- 5700

# **Region 3 North** 1 (800) 248-0949

TTY (253) 572-7381 1305 Tacoma Ave. S. Suite 300 Tacoma, WA 98402 Phone (253) 404-5500

# **Region 3 South** 1 (800) 339-8227

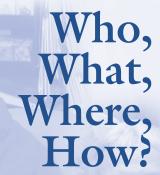
**TTY (360) 586-4719**Point Plaza East
Bldg. 2, 3<sup>rd</sup> Floor
6860 Capitol Blvd. SE
Olympia, WA 98504-5315
Phone (360) 725-4250

# DDA Headquarters (Olympia)

360-725-3413

The Department of Social and Health Services will improve the safety and health of individuals, families and communities by providing leadership and establishing and participating in partnerships.

Developmental Disabilities Administration



DDA Supports and Services



**DDA** Developmental Disabilities Administration

DSHS 22-722 (Rev. 8/13)

# WHO is DDA for?

An individual with a developmental disability may be eligible for DDA services when:

- The onset of the disability occurred before age 18;
- The disability is expected to continue indefinitely; *and*
- The disability resulted in substantial limitations to the person's adaptive functioning.

### Developmental disabilities are:

- Intellectual disability
- Cerebral palsy
- Epilepsy
- Autism
- Neurological or other conditions similar to intellectual disability (including developmental delay)

DDA determines eligibility based on the criteria in Chapter 388-823 WAC. Just becoming eligible does not guarantee paid services.

# Your access to paid services depends on:

- Your meeting eligibility requirements for a specific service;
- An assessed need for the service; and
- Available funding for the service.

Participation in all DDA services is voluntary.

# WHAT is DDA?

The Developmental Disabilities Administration (DDA) is part of the Department of Social and Health Services. DDA assists individuals with developmental disabilities and their families to obtain services and supports based on individual preferences, capabilities and needs.

DDA uses state and federal funds to provide or purchase supports and services for eligible persons and their families. Resources are limited and needed services may not always be available.

#### What is available?

#### **♦ CASE MANAGEMENT**

If you receive DDA services, you will be assigned a Case Resource Manager to assist you and your family to:

- Identify interests and support needs;
- Coordinate planning and development of resources; and
- Monitor service delivery.

#### ♦ MEDICAID/WAIVER PERSONAL CARE (MPC/WPC)

MPC/WPC services include supervision or hands-on assistance with personal care tasks for individuals that meet functional and financial eligibility criteria. This assistance is provided in the person's own home, an adult family home (AFH), or an adult residential care center (ARC).

MPC is a service provided under the Medicaid State Plan and is available to persons who meet the functional and financial eligibility criteria of the Categorically Needy Program (CNP).

#### **◆** EMPLOYMENT

Ongoing support services and training for eligible persons to obtain and maintain paid jobs in a variety of settings and worksites. May include individual or group options in the community or prevocational services to help people move towards employment.

#### **◆ COMMUNITY ACCESS**

Individualized support services that provide opportunities to connect you with people in your local community so that you can build relationships and friendships with others who have similar interests as you.

#### **♦ INDIVIDUAL AND FAMILY SUPPORT**

Individual and community services to assist families in caring for their family member in their home. Services include respite care and therapies.

#### **◆** COMMUNITY SUPPORTS

Nursing, professional services and therapies, transportation, and medically intensive services not covered by Medicaid.

#### **♦** CHILDREN'S RESIDENTIAL SERVICES

Voluntary placement services (VPS) engage communities, local service providers, and other stakeholders to offer supports and services to a child residing in a licensed setting outside of the family home. Placement is due solely to the child's disability (RCW 74.13.350) and parents retain full legal custody. Parents work in partnership with the licensed service provider on a shared parenting model to best support their child and the child's individual needs.

#### **♦** ADULT RESIDENTIAL SERVICES

Services and supports in a variety of settings to assist the person to live independently in the community. These may be offered in the person's home through certified providers or individuals, or in licensed settings. The level of support services is based on individual needs, and varies from a few hours per month up to 24 hours per day.

### ◆ RESIDENTIAL HABILITATION CENTERS (RHC)

State operated residential facilities provide intensive services for persons needing a high level of nursing care or skill development. Respite and other specialized services may be available to persons living in the community.